



## Health care coverage for kids, families and pregnant women with limited income

It's tough providing for your family — and even tougher to find affordable health care coverage. **Healthy Start & Healthy Families** is a health care coverage program for kids (birth to age 19), families and pregnant women with limited income.

Once eligible, families can have coverage for a variety of services. **Healthy Start & Healthy Families** can help your family get regular visits to the doctor to help prevent serious illnesses before they become emergencies.

Please call 1-800-324-8680 or contact your county office of job and family services to find out more.

## Health care for Ohio's families and kids!

- Healthy Start provides health care for kids from birth to age 19 and pregnant women.
- Healthy Families provides health care for the entire family.
- Working families may qualify.

For more information and answers to your questions, please call:

Medicaid Consumer Hotline:  
1-800-324-8680 (voice) or  
1-800-292-3572 (TTY)

**Ted Strickland, Governor**  
State of Ohio

**Douglas E. Lumpkin, Director**  
Ohio Department of Job & Family Services

[jfs.ohio.gov/ohp](http://jfs.ohio.gov/ohp)

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Equal Opportunity Employer and Service Provider

This information is not intended to replace, change or obsolete any portion of the Medicaid Eligibility Manual (MEM) or department rule. Additional copies can be requested by sending a fax to: (614) 728-7724 or visiting: [jfs.ohio.gov/OHP/infodata/publications.stm](http://jfs.ohio.gov/OHP/infodata/publications.stm)

# Ohio

Department of  
Job and Family Services

## Healthy Start & Healthy Families



## Keeping kids and families healthy and happy

## Healthy families are happy families.

Families who get health care have kids who miss less school and parents who miss less work.

Health care coverage is an important way to ensure everyone stays healthy!

For many families, health coverage is not available through their jobs — either because it's not offered or it's too expensive.

Healthy Start & Healthy Families can help your family stay happy, healthy and strong.



## Who can get Healthy Start & Healthy Families?

Healthy Start is free health coverage for kids from birth to age 19 and pregnant women who qualify based on family income.

Healthy Families provides health coverage for the entire family — parents and children.

A family's income will determine if they are eligible for Healthy Start or Healthy Families.

## What will it cost me?

Families meeting Healthy Start & Healthy Families income guidelines can get coverage for free or at very low cost. Some services for some family members may have co-pays of \$1 to \$3.

## What services are covered?

Healthy Start & Healthy Families covers these services:

**Doctor Visits**  
**Pregnancy Services**  
**Prescriptions**  
**Mental Health**  
**Substance Abuse**

**Hospital Care**  
**Dental Care**  
**Vision Services**  
**Immunizations**  
**And more!**

## How do I apply?

You can call the Medicaid Consumer Hotline: 1-800-324-8680 to request an application. The Hotline staff can help you fill out the form and mail it to you for your signature. The Hotline is open seven days a week.

You can also visit: [jfs.ohio.gov/ohp](http://jfs.ohio.gov/ohp) to download an application. You will need to print it out and mail it to your local county office of job & family services.

## What about working families?

Working families can qualify. The family size and income will determine if the family is eligible for Healthy Start for their kids or Healthy Families for the entire family.

A portion of certain monthly expenses (e.g., child care, child support) is not counted as a part of monthly income.